

the right stuff

Berkshire Living July 2008

Give It, Get It, Good

WINE THERAPY

When an entire bottle of **Caudalie Vinotherapie** Sauvignon shower gel decided to drain itself all over my back seat, I was, at first, annoyed. But then I realized: the lingering aroma is entirely pleasant—not scandalous like a bottle of rancid vino, but with bright citrus notes. And I swear that the grape extracts and pure aloe helped to condition the leather, if only momentarily. Used as intended, however, the resveratrol-imbued products will relax, indeed. The French company also crafts shower scrubs with grape seed extract and has launched a *fleur-de-ligne* fragrance based on delicate vineyard flowers. If you can't make the gala, at least unwind with wine this way.

6.7-ounce bottles, starting at about \$19 at the **Healthy Living Center at the Lenox Village Integrative Pharmacy**, 5 Walker St., Lenox, Mass., 413.637.4700; www.caudalie.com; www.healthylivingcenteronline.com

